

SOUTH TYNESIDE COUNCIL CATERING SERVICES

# SCHOOL MENU

September 2026-July 2027



South Tyneside Council



| WEEK 1                                                                                                                                                                                                                                                 | MONDAY<br>Planet Friendly Day                                     | TUESDAY                                                                        | WEDNESDAY                                                 | THURSDAY                                                                                         | FRIDAY                                                 |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------|--------------------------------------------------------------------------------|-----------------------------------------------------------|--------------------------------------------------------------------------------------------------|--------------------------------------------------------|
| MAIN COURSE                                                                                                                                                                                                                                            | Breakfast Muffin (V)<br>Chef's Homemade Special 5-A-Day Pizza (V) | Greek Style Crumbed Moussaka New (V)<br>Spaghetti Bolognaise with Garlic Bread | One Pot Power Pasta (V)<br>Chicken with Yorkshire Pudding | Cheese and Vegetable Picnic Quiche (V)<br>Home Made Chicken and Lentil Curry Rice and Naan Bread | Quorn Salad Crunch Wrap New (Ve)<br>Big Tasty Fishcake |
| (Ve) Chef's choice of Seasonal Vegetables, Salad Cart, Crispy Jacket Potato, and filling, Fresh Sandwiches/Wraps.<br>Crispy Jacket Potato Fillings – Monday (Ve) Tuesday-Friday (Ve)(V) Sandwiches and Wraps Options – Mon (Ve) Tuesday-Friday (Ve)(V) |                                                                   |                                                                                |                                                           |                                                                                                  |                                                        |
| DESSERTS                                                                                                                                                                                                                                               | Decorated Biscuit (VE)                                            | Chocolate Muffin (VE)                                                          | Fruit Jelly Sundae (V)                                    | Sweet Potato Cake (V)                                                                            | Fruit Friday (Ve)                                      |

| WEEK 2                                                                                                                                                                                                                                                 | MONDAY<br>Planet Friendly Day                                                                                      | TUESDAY                                                                         | WEDNESDAY                                                         | THURSDAY                                                  | FRIDAY                                                           |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------|-------------------------------------------------------------------|-----------------------------------------------------------|------------------------------------------------------------------|
| MAIN COURSE                                                                                                                                                                                                                                            | Golden Quorn Dippers with Tomato Sauce and Oven Baked Wedges (Ve)<br>Crunchy Macaroni Cheese with Garlic Bread (V) | Sri Lankan Sweet Potato and Coconut Curry New (Ve)<br>Carrot and Pork Meatballs | Pasta Pomodoro with Crunchy Salad (Ve)<br>Beef Mince and Dumpling | Chilli and Rice Burrito Bonanza (Ve)<br>Sausage with Mash | Bubble Coated Fish Fillet<br>Chef's Special Margherita Pizza (V) |
| (Ve) Chef's choice of Seasonal Vegetables, Salad Cart, Crispy Jacket Potato, and filling, Fresh Sandwiches/Wraps.<br>Crispy Jacket Potato Fillings – Monday (Ve) Tuesday-Friday (Ve)(V) Sandwiches and Wraps Options – Mon (Ve) Tuesday-Friday (Ve)(V) |                                                                                                                    |                                                                                 |                                                                   |                                                           |                                                                  |
| DESSERTS<br>Fresh Fruit, Yoghurt, Cheese, and Crackers                                                                                                                                                                                                 | Rainbow Cookies New (Ve)                                                                                           | Various Ice-cream (V)                                                           | Homemade Chocolate Steam Sponge and Custard (V)                   | Caramel Slice New (V)                                     | Fruit Friday (Ve)                                                |

| WEEK 3                                                                                                                                                                                                                                                 | MONDAY<br>Planet Friendly Day                                                                              | TUESDAY                                                             | WEDNESDAY                                                              | THURSDAY                                                                                             | FRIDAY                                                                                               |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------|------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------|
| MAIN COURSE                                                                                                                                                                                                                                            | Garden Fresh Bolognaise served with Pasta (Ve)<br>Quorn Sausage Sizzler, Mash and Gravy Quorn Sausage (Ve) | Pizza Pocket Jacket Potatoes New (V)<br>Barbeque Chicken Fillet New | Planet Friendly Pasta Bake (Ve)<br>Savoury Mince and Yorkshire Pudding | Omelette of the Week with Crunchy Salad (V)<br>Top Crust Steak Pie with Mashed Potato and Vegetables | Fiesta Chilli Rainbow Rice Veggie Mince (Ve)<br>Golden Baked Fish Finger with Chips and Tomato Sauce |
| (Ve) Chef's choice of Seasonal Vegetables, Salad Cart, Crispy Jacket Potato, and filling, Fresh Sandwiches/Wraps.<br>Crispy Jacket Potato Fillings – Monday (Ve) Tuesday-Friday (Ve)(V) Sandwiches and Wraps Options – Mon (Ve) Tuesday-Friday (Ve)(V) |                                                                                                            |                                                                     |                                                                        |                                                                                                      |                                                                                                      |
| DESSERTS<br>Fresh Fruit, Yoghurt, Cheese, and Crackers                                                                                                                                                                                                 | Golden Fruity Flapjack (Ve)                                                                                | Arctic Strawberry Ice-Crean Roll (V)                                | Iced Wibble Dessert New (V)                                            | Iced Marble Cake (V)                                                                                 | Fruity Friday (Ve)                                                                                   |

(V) Vegetarian

(Ve) Vegan Planet Friendly

# Parents/Carers!

Please contact the Catering Team if:

- **your child has a food allergy, food intolerance or requires a special diet**
- **you would like to know more about how we manage special diets**
- **you would like more information about the School Meals Service**

We do not knowingly use peanuts, nuts or peanut based products in the provision of our school meals. However some products may be produced in a factory where nuts and peanuts are used therefore we cannot guarantee that all products are always nut free and peanut free.

Every effort is made to ensure that customers with food allergies do not receive food containing allergens. However we cannot guarantee 100% that meals are allergen-free.

For more information about common allergens present in our recipes, please visit: [www.southtyneside.gov.uk/schoolmeals](http://www.southtyneside.gov.uk/schoolmeals) or contact an Area Manager for advice.

Please see link below:

<https://www.southtyneside.gov.uk/article/36387/Food-allergies-and-special-diets>

**If you think your child may be entitled to free school meals and milk contact your school office or download an application form from the web.**

If you would like help to complete the form please contact the Council's Call Centre on 0191 427 7000.



## Contact Details

We want to hear your views of the School Catering Service. If you have a comment about our service or would like any further information, please contact us at:

South Tyneside Council, Catering Services,  
Town Hall and Civic Offices. Westoe Road. NE33 2RL.

### Call Centre Telephone:

0191 427 7000 (Telephone calls to South Tyneside Council may be recorded.)

### Opening Hours:

8.00am to 8.00pm Monday - Friday and  
9.00am to 1.00pm on Saturdays.

**E-mail:** [customerhelp@southtyneside.gov.uk](mailto:customerhelp@southtyneside.gov.uk)

**Website:** [www.southtyneside.gov.uk/schoolmeals](http://www.southtyneside.gov.uk/schoolmeals)



## THEME DAY MENU'S

We hope to see your children joining us. Please check with School for this information.

|                                   |                  |
|-----------------------------------|------------------|
| <b>READING DAY</b>                | <b>OCT 2026</b>  |
| <b>NATIONAL SCHOOL MEALS WEEK</b> | <b>NOV 2026</b>  |
| <b>KEEP FIT/STAY ACTIVE</b>       | <b>MAR 2027</b>  |
| <b>AROUND THE WORLD</b>           | <b>MAY 2027</b>  |
| <b>SUMMER SEND OFF</b>            | <b>JULY 2027</b> |

If you know someone who needs this information in a different format, for example large print, Braille or a different language, please call Marketing and Communications on 0191 424 7385.